



CATÓLICA
FACULTY OF HEALTH SCIENCES
AND NURSING

LISBOA · PORTO

Faculty of Health Sciences and Nursing Programs

Universidade Católica Portuguesa

INTERNATIONAL RELATIONS AND MOBILITY OFFICE

Nursing Coordinator

Prof^ª Doutora Lurdes Martins

Health Sciences Coordinator

Prof^ª Doutora Rita Canaipa

Executive Responsible

Dr^ª Ana Godinho

A Message from the Dean



Founded in 2004, the Health Sciences Institute (ICS) is currently renowned by cultivating an interdisciplinary research and teaching environment. Under its responsibility, a set of training courses in the area of Health is developed based on three main scientific pillars: Nursing, Palliative Care, and Cognitive and Language Sciences.

The FCSE offers: the three cycles of study in Nursing (Bachelor, Master, and Doctorate), a Master in Palliative Care, a Master in Neuropsychology, a Master in Cognitive and Behavioral Neurosciences, a Master in Portuguese Sign Language and Deaf Education and a Ph.D. in Cognitive and Language Sciences. In addition to the graduate training, there is a highly relevant post-graduate and advanced training offer in Health, as a response to the ever-growing challenge of providing training throughout life.

Our students benefit from the interdisciplinary and transdisciplinary DNA of their teachers, who are nurses, doctors, psychologists, therapists, biologists, and linguists; and through them, they learn, investigate, and reflect on health and illness, on life and death and on the dignity of people who reach the end of their life cycle. They also learn about aging, spirituality, communication, deafness, hope, music, and many other cognitive challenges inherent to the human species, which are deeply integrated into the thinking of life sciences, resulting in a true humanist challenge.

The Faculty bases its teaching, research, and university extension on a network of connections between multidisciplinary knowledges, providing an integration permeated by ethical Values and Concerns.

Ana Mineiro

Dean of the Faculty of Health Sciences and Nursing



History

The Institute of Health Sciences of the Universidade Católica Portuguesa (UCP) was created on January 20th 2004, with the purpose of coordinating the areas of Knowledge that could incorporate the issues of Biomedicine and Health.

This Institute is one of the UCP's strategic development sectors for and is organized around three fundamental vectors: Teaching, Scientific Research, and Service Provision.

The interaction of these three aims is vital for the development of a very unique university culture in terms of concerns related to the health issues in Portugal. Thus, the UCP intends to be an active and intervening partner in the complex world of knowledge and practice of biomedical issues, setting as a priority target, the defense of human values framed in the most advanced scientific knowledge.

In 2006 two Schools of Nursing were integrated in the ICS: the School of Nursing of Imaculada Conceição, in Oporto; and the School of Nursing of São Vicente de Paulo, in Lisbon.

UCP then proceeded as a single School of Nursing, with two Nursing Teaching Units: one in Lisbon and the other in Oporto.

Since September 2023, the Institute of Health Sciences has been elevated to the Faculty of Health Sciences and Nursing.



Our Mission

The Mission of the Faculty of Health Sciences and Nursing of the Universidade Católica Portuguesa at the national level is:



Knowledge and Research

Providing Knowledge and encouraging critical investigation.

Multidisciplinary Point of View

Sharing and expanding Knowledge, from a multidisciplinary point of view, in the academic community and society in general, as well as useful topics for its development.

Service Provision

Using the know-how in Service Provision towards socially relevant services, in prevention, diagnose, and treatment of the Person throughout the entire life cycle.

Internationalization

In line with the institutional strategy of Universidade Católica Portuguesa, and in accordance with our life mission goals, the Faculty of Health Sciences and Nursing frames its teaching and research activities with the objective to contribute to the progress of said knowledge, both nationally and internationally.

To this objective, our Faculty is **open to collaborative projects with national and international institutions** through the services provided by the Office of International Relations and Mobility: not only in terms of **mobility** of students, teachers, and staff; but also providing all the required preparation and support for **technical visits** to the Faculty.

Simultaneously, we seek to encourage the internationalization of both **teaching** and **research activities** through the participation in international projects.





Univeristy Programs

UNDERGRADUATE IN NURSING

The Nursing Program at Universidade Católica Portuguesa exists for over 80 years and UCP is a reference in the Nursing teaching in Portugal.

Our students will be training in a place of excellence, acquiring extensive knowledge in the area of Nursing, combined with a solid preparation to start a professional career in a multidisciplinary context. They will also develop the ability to provide excellent quality care, based on a strong ethical and deontological component, as well as early preparation to pursue academic training in various areas of specialization.

The great focus on the preparation and guidance of our students, both at a practical, technical, and human level, results in earlier receptivity by Health Institutions that are potentially looking forward to welcoming them, not only at a Clinical Nursing Practice (internships) level but also regarding future recruitment positions.

The number of incoming international students applying to the Faculty of Health Sciences and Nursing has increased exponentially in recent years.

At the present time, we are welcoming students to the three cycles of study in the abovementioned undergraduation. Considering that our courses are in the health area, with a professional component, we strongly advise all incoming students to have at least an upper intermediate level of Portuguese (B2), according to the Common European Framework of Reference for Languages (CEFR).



Univeristy Programs

BSc SYSTEM AND COGNITIVE NEUROSCIENCE

Our neuroscience degree is **taught entirely in English**, ensuring you receive a **world-class education** while preparing you to work in **global contexts with international teams**. We offer an innovative curriculum based on the best international neuroscience programs and adapted to the future of Neuroscience.

Beyond a **solid biological and cognitive foundation**, our program integrates a **strong focus on Data Science and Computational Neuroscience**, two of the most rapidly growing areas in the field. You'll learn how to analyse large datasets and apply algorithms to better understand brain function, as well as complex data in general. You will also develop analytic and critical thinking and acquire skills to communicate and discuss scientific ideas.

This is a program of the Faculty of Health Sciences developed in association with Católica Medical School, providing you with **direct contact with researchers in Cognitive, Fundamental and Clinical Neurosciences**.

With a curriculum that **blends theory with practical experience**, you will graduate ready to contribute to groundbreaking research, innovative technologies, and transformative biomedical solutions.



Univeristy Programs



MASTER'S DEGREE

- Palliative Care
- Neuropsychology
- Cognitive and Behavioral Neurosciences
- Portuguese Sign Language and Deaf Education
- Nursing - Community Nursing and Public Health
- Nursing - Medical Surgical Nursing – Nursing to Critically Ill Patients
- Nursing - Infant Health and Pediatric Nursing



DOCTORAL DEGREE

- Ph.D. in Cognition Sciences, Language and Neurosciences
- Ph.D. in Nursing



ADVANCED TRAINING

- Preparation and Early Teaching of Reading and Writing
- Aging from a Multidisciplinary Perspective
- Statistical Data Processing
- Support Technologies for Inclusion
- Neuroscience and Psychology of Music



POST-GRADUATION

- Pediatric Palliative Care
- Sports Nursing
- Health Consulting
- Medical Science Liaison
- Pharma Key Account Manager
- Lisbon Series on Palliative Care
- Health Technologies & Medical Devices
- Mind, Brain, and Education
- Clinical Supervision in Nursing
- Loss and Grief
- Social Medicine
- Neonatology
- Breastfeeding

Our Research

CIIS – CENTRE OF INTERDISCIPLINARY INVESTIGATION IN HEALTH

CIIS is committed with innovation in specific Health sectors. Knowledge produced is highly valuable for evidence-based policymaking and is a tool for decision-making.

To accomplish the aims, research infrastructures, 40 integrated researchers, know-how and approaches are organized in 5 platforms each coordinated by an integrated researcher.

 **Translational Neuroscience Platform**
(Coordinator - Ana Mineiro)

 **Health & Innovation Platform**
(Coordinator - António Medina Almeida)

 **Nursing Research Platform**
(Coordinator - Paulo Alves)

 **SalivaTec Platform**
(Coordinator - Marlene Barros)

 **Precision Oral Health Platform**
(Coordinator - André Correia)

Other CiiS Infrastructures

 **Portuguese Observatory for Palliative Care**
(Coordinator - Manuel Luís Capelas)

 **University Dental Clinic**
(Clinical Director - Nélio Veiga)

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